

# AMMOS AUTHENTIC GREEK

## Lunch Menu ( 11am - 3pm )

### Starters

Greek Spreads w/ Pita  
Single 6.5 Tria (3) 17

#### Tzatziki

Yogurt, garlic, cucumber

#### Taramosalata

Whipped fish roe

#### Melitzanosalata

Grilled eggplant

#### Scardalia

Garlic and potato

#### Tyrokafteri

Spicy feta

#### Hummus

Garbanzo beans, garlic, tahini

#### VG Saganaki

Fried kasseri cheese flamed with  
brandy tableside Opa! 9.5

Side Pita 0.75

#### GF Dolmades

Hand-Rolled grape leaves stuffed  
with rice and ground beef with an  
egg-lemon sauce 8.5

#### Keftedes

Greek meatballs served with  
marinara and tzatziki 10

#### GF Octopodi

Marinated Octopus served cold or  
grilled (When available) 12

#### Fried Calamari

Served with marinara 9.5

#### VG Kolokithokeftedes

Zuchinni fritters served with  
marinara and tzatziki 8.5

#### VG Spanakopita

Spinach, feta, and herbs baked in  
phyllo 8

#### VG Tyropita

Feta and ricotta cheese baked in  
phyllo 8

#### Mezze Sampler

Spanakopita, Tyropita, Tzatziki,  
Keftedes, Kolokithokeftedes, and  
Pita 20

### Soups

Cup 3.5 Bowl 5

Lemon Chicken Orzo

Soup of the Day

### Salads

Add ons : Gyro 3, Grilled Chicken 4, Shrimp 6, Mahi 9, Salmon 9, Falafel 4

#### VG GF Greek Salad

Lettuce, tomatoes, cucumbers, green peppers, onions,  
feta, and olives tossed and Greek vinaigrette

Full 10.5 Half 6

#### VG GF Horiatiki Salad

Classic Greek village salad (no lettuce). Tomatoes, cucumbers,  
green peppers, onions, feta, olives, and Greek vinaigrette

Full 11.5 Half 7

#### VG GF Ammos Salad

Spring mix, sliced apples, almonds, Manouri cheese, and mint vinaigrette 13

#### VG GF Wine Country

Spring Mix, strawberries, blueberries, caramelized walnuts, goat cheese, and  
raspberry vinaigrette. 13

#### VG GF Beet Salad

Beets, arugula, caramelized walnuts, goat cheese, and lemon vinaigrette 13

### Pitas

Served with choice of one side

Substitute whole wheat .75



#### Gyro Sandwich

Gyro meat (lamb/beef), lettuce, onions, tomatoes, and tzatziki sauce wrapped in  
pita bread 10

Extra Meat 3

#### Souvlaki Pita

Grilled chicken or pork, lettuce, tomato, onion, and tzatziki sauce wrapped in pita  
bread 10

#### VG Veggie Pita

Zucchini, feta, lettuce, onions, tomato, and tzatziki sauce wrapped in pita bread  
10

#### VG Falafel Pita

Fried Falafel, hummus, lettuce, tomato, and onions wrapped in pita bread 10

#### Philly Chesesteak Pita

Sauteed onions and peppers, topped with melted cheddar cheese wrapped in pita  
bread 12

### Sandwiches

Served with choice of one side

#### VG Spanakopita Grilled Cheese

Sauteed spinach and onions, feta, ricotta, cheddar, artisan bread 11

#### Classic Burger

Lettuce, tomato, onion on a brioche bun 10

Cheese .50 Bacon 1 Sauteed Onions 1 Sauteed Mushrooms 1 Fried Egg 1

#### Gyro Burger

Burger topped with gyro meat, served on a brioche bun with tzatziki, tomato, and  
onion. 14

#### Tuna Melt

Greek yogurt tuna salad, tomato, and cheddar cheese, served open faced on  
artisan bread 10

GF - Is naturally gluten-free or can be made to be gluten-free VG - Vegetarian

Not all ingredients are listed. Alert your server to any special dietary needs.

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness

# AMMOS AUTHENTIC GREEK

## Lunch Menu ( 11am - 3pm )

### Lunch Entrees

#### Gyro Platter

Gyro meat, Greek salad, fries, tzatziki sauce, and pita bread 14  
Extra Meat 3

#### GF Chicken Platter

Grilled chicken, Greek salad, fries, tzatziki sauce, and pita bread 15

#### VG Mousaka/Vegetable Mousaka

Baked layers of eggplant, potatoes, zucchini, ground beef, and bechamel sauce. Served with choice of one side 15

#### Pastistio

Baked layers of macaroni, ground beef, and bechamel sauce. Served with choice of one side 14

#### VG Mediterranean Pasta

Spaghetti tossed with sun-dried tomatoes, capers, onions, olives, feta, scallions, in a white wine garlic sauce 13  
Chicken 3 Shrimp 6

#### GF Traditional Salmon

Grilled, seasoned, and finished with olive oil and lemon. Served with choice of one side 13

Ikaria Style- Sauteed spinach, sundried tomatoes, garlic, and cream 2

Mediterranean Style - Sauteed onions, peppers, tomatoes, and garlic 2

#### GF Traditional Mahi

Grilled, seasoned and finished with olive oil and lemon. Served with choice of one side 13

Ikaria Style- Sauteed spinach, sun dried tomatoes, garlic, and cream 2

Mediterranean Style- Sauteed onions, peppers, tomatoes, and garlic 2

#### Fish & Chips

Fried Atlantic Cod, Greek Yogurt Tartar, and Fries 14

#### GF Lunch Kabobs

2 skewers grilled. Served with choice of one side.  
Chicken 15 Pork 15 Beef 17

### Create Your Own Pita 12

Choice of one side

#### 1/ Choose Pita

Plain, Whole Wheat or Gluten Free (+1.50)

#### 2/ Choose One Dip

Tzatziki, Taramosalata, Melizanosalata, Scordalia, Hummus, Spicy Feta, or Salad Dressing

#### 3/Choose One Protein

Chicken(grilled or fried), Meatballs, Zucchini, Gyro, Pork Souvlaki, Greek Sausage, Falafel, Shrimp, or Tuna Salad

#### 4/ Choose Toppings

Lettuce, Tomatoes, Onions, Cucumbers, Green Peppers, Feta Cheese, cheddar, or mozzarella cheese

### Lunch Combos 10

Choose a Combination of two Items  
Price per person. No Splitting

Half Greek Salad

Bowl Soup

Choice of Dip

Spanakopita/Tyropita

Dolmades

Keftedes (3)

1 Skewer of Chicken

1 Skewer of Beef

### Sides

French Fries 3.25

Make them Greek Fries +1

Greek Style Green Beans 3.25

Lemon- Roasted Potatoes 3.25

Rice Pilaf 3.25

Substitute one side for a cup of soup 1

Substitute one side for a half Greek salad 3

### Extras

Extra Pita .75

Side Tzatziki .50

Side Feta 1

### Beverages

#### Soft Drinks

Coke, Diet, Sprite, Pink Lemonade, and Ginger Ale 2.5

#### Iced Tea / Coffee

Unsweetened 2.25

#### Juice

Orange, Apple, and Cranberry 2.5

Milk 2.25

Chocolate Milk 2.5

Souroti Sparkling Mineral Water

750 ml 4

#### Greek Coffee

Bitter, Medium, or Sweet 3

#### Frappe

(Greek Frappuccino)  
Bitter, Medium, or Sweet 4

#### Greek Beers

Mythos and Fix 5

#### Domestic Beers

Budweiser, Bud Light, Coors Light, Miller Lite, Michelob Ultra 3.5  
Sam Adams 4

#### Imported Beers

Heineken, Corona 4

- Separate Wine Menu Available -

Belly Dancing Every Saturday 8pm!

GF - Is naturally gluten-free or can be made to be gluten-free VG - Vegetarian

Not all ingredients are listed. Alert your server to any special dietary needs.

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness

